

HESTA 2010 Melbourne Conference

CONFERENCE VENUE

This year, the conference will be held on the City and Footscray campuses of Victoria University, Melbourne, with tours and equipment demos in the brand new Sports Science facility on the Footscray Campus. This building has laboratories for exercise physiology, exercise biochemistry & molecular biology, biomechanics, motor learning and skilled performance, motor control, psychology biofeedback, body composition, environmental physiology, as well as electronic and mechanical workshops.

One of the focuses of the new building is environmental exercise science. A large environmental chamber, that can also be made hypoxic, has been installed. The chamber is fully software controllable and can also provide artificial sun light and wind for up to 10 athletes simultaneously. An altitude "hotel" has also been installed providing dormitory style accommodation (with independent altitude controls) and kitchen living room and bathroom facilities for up to 8 athletes at one time.

You will also get to see our brand new biomechanics laboratory that opens out onto the sports oval. There are some innovative design features that will be of interest to you.

CONFERENCE PROGRAMME

This year's conference has been structured to provide a stimulating mixture of activities spread over 3 days and 2 campuses of Victoria University.

The first formal presentation begins at 10:30 on Day 1 in the Melbourne CBD to suit interstate members who may wish to fly into Melbourne on Wednesday morning.

Registration, tea/coffee, poster display and informal equipment demos will be in the old VU Biomechanics Lab, Flinders St from 9-10:30am. Welcome and member presentations will commence in the same building at 10:30.

Day 2 will be at the main Victoria University campus at Footscray.

Day 3 will finish at 3pm at Footscray to allow members to get flights out of Melbourne on Friday afternoon.

A more detailed programme will be available on the HESTA website soon.

MEMBER & GUEST PRESENTATIONS

Members are encouraged to give a brief presentation on any of their past or current projects. This year, we would like to encourage you to bring along any appropriate working devices you have built or sourced. We would also encourage you to put together a poster of your work which we can display on Day 1 of the conference.

HESTA will pay for your printing, so just send it in pdf format to Michael Steinebronn Michael.Steinebronn@ausport.gov.au and we will take care of getting it to the conference for you.

If you have a project that you may require advice or help on, present it to the conference delegates as a topic to be discussed with in your presentation.

As in previous years, there will be a prize for "Best Presentation". The winner will get \$500 that has to go towards a relevant conference attended during the following year. The attendee will report on the conference at the HESTA conference the year after that.

HESTA 2010 Melbourne Conference (cont)

We have secured a number of guest presenters this year including two excellent keynote speakers. David Simpson is an experienced bio-instrumentation engineer from Swinburne University and he will be speaking on his experiences with building instrumentation systems that are connected to human subjects in university environments. David has extensive commercial and industrial experience in the areas of electronic instrumentation and digital control. David was responsible for the design and manufacture of the headsets and electronic instrumentation used by Neuro-Insight. He has been a consulting engineer in a number of major industry and hospital projects and has co-authored 29 journal papers and conference presentations.

Dr. Robert Aughey from Victoria University's School of Sport & Exercise Science will present on the practical uses of GPS devices in sport, their utility, foibles and accuracy and how the information gained can be applied in practice. Rob has done extensive work using various brands of GPS in team sports, most notably the Catapult devices in his recent work with the Western Bulldogs football team. Rob also has a number of graduate students and cadets who are also working with the devices.

We also recruited a number of people coming from relevant industries with new products and instruments to demonstrate to us.

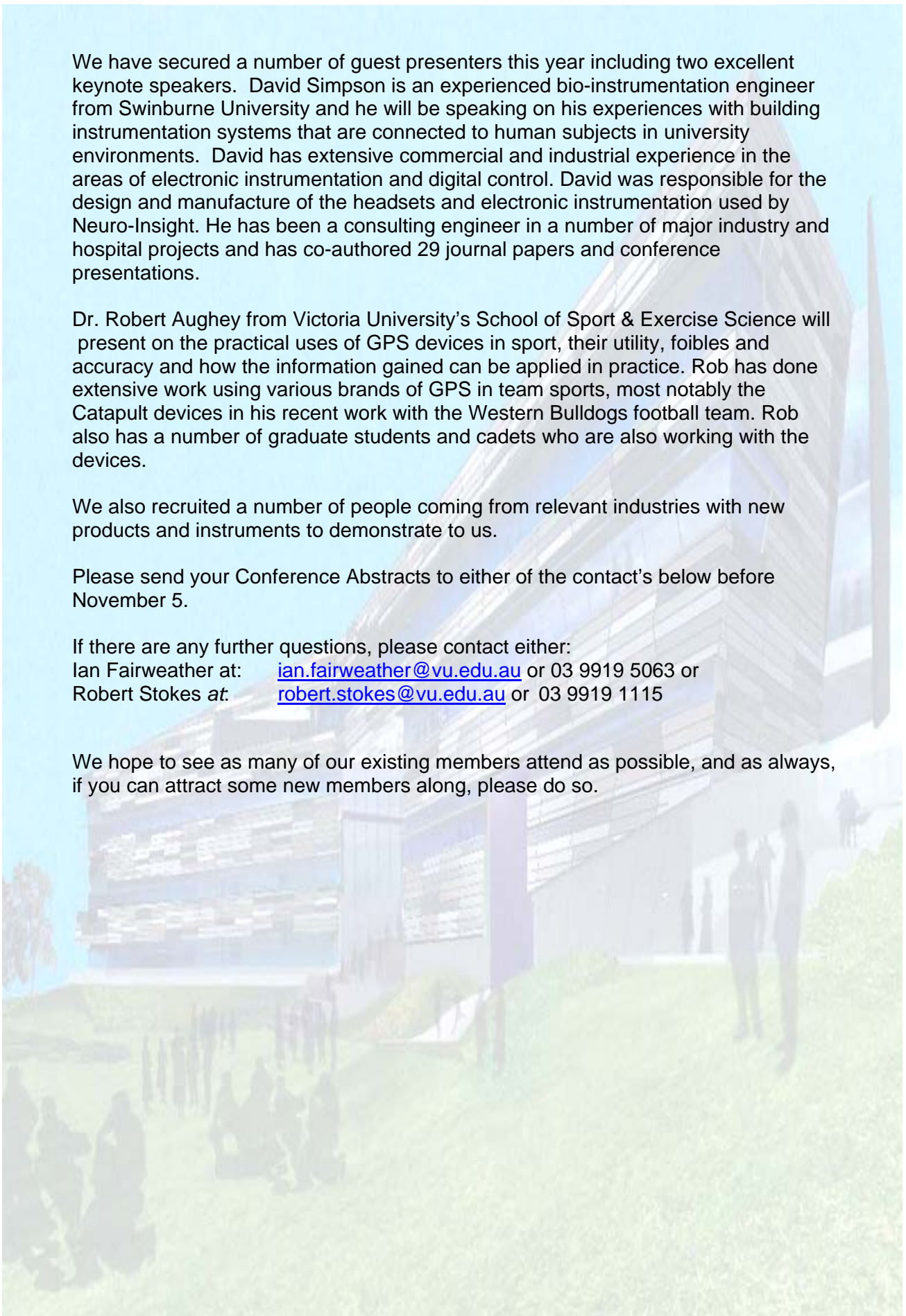
Please send your Conference Abstracts to either of the contact's below before November 5.

If there are any further questions, please contact either:

Ian Fairweather at: ian.fairweather@vu.edu.au or 03 9919 5063 or

Robert Stokes at: robert.stokes@vu.edu.au or 03 9919 1115

We hope to see as many of our existing members attend as possible, and as always, if you can attract some new members along, please do so.



Registration for HESTA 2010 Conference Hosted at Victoria University, Melbourne.

Conference Dates: Wed 1 – Fri 3 December 2010

Twin share accommodation has been arranged for HESTA delegates at the Bellerive Rooms of the Victoria Hotel in the Melbourne CBD. Refer-
<http://www.victoriahotel.com.au/Content/Common/pg-melbourne-bellerive-value-hotel-rooms.seo>

Full Registration includes:

- Attendance at all 3 conference days of 1-3 December,
- Accommodation and meals,
- Conference Dinner on Thursday evening.

Please note: The cutoff date for Registration is Mon 15th November

Full Registration: Twin share Accommodation

Prices below include breakfast.

Please ✓ night(s) accommodation you require.

Tuesday 30th Wednesday 1

Thursday 2 Friday 3

Twin Share

- 2 nights: \$502 Early-bird Late fee \$582
- 3 nights: \$588 Early-bird Late fee \$668
- 4 nights: \$674 Early-bird Late fee \$754

Single

- 2 nights: \$606 Early-bird Late fee \$686
- 3 nights: \$744 Early-bird Late fee \$824
- 4 nights: \$882 Early-bird Late fee \$962

3 Day Conference Registration only (No Accommodation or Breakfast):

Includes Meals & Conference Dinner

\$330.00 Early-bird rate Late fee \$400.00

Single Day Registration (No Accommodation):

\$60.00 Early-bird rate/ Late fee \$80.00

Please ✓ which day you wish to attend

Wednesday 1 , Thursday 2 , Friday 3

Single Day Student Registration (not presenting)

\$30.00

Please ✓ which day you wish to attend

Wednesday 1 , Thursday 2 , Friday 3

Single Day Student Registration (presenting)

FREE for day presenting. Including light lunch.

Please ✓ which day you wish to attend

Wednesday 1 , Thursday 2 , Friday 3

All registrations include HESTA annual membership and access to list server and member support services.

Early bird rates will be accepted until Friday 5th November.

Payment Options

Please indicate for our records whether HESTA member or Student (Please ✓ one)

HESTA member student

Please find enclosed (Please ✓ one)

cheque purchase order credit card information

For Conference Registration \$ _____

Cheques or purchase orders are payable to:

Health and Exercise Science Technologists Association Inc.

Please debit \$ _____ from my (Please ✓) MasterCard Visa Card

Card No: _____ Expiry date _____

Name appearing on card _____

Card Holder's Signature _____

Please return this form with Payment to:

Mr. Jamie Plowman, HESTA Treasurer
Health and Exercise Science Technologists Association Conference
PO Box 7111
Kaleen ACT 2617

Or Fax: +61 2 6214 1043 (attn Jamie Plowman, HESTA Treasurer)

HESTA ABN 34 833 950 355

Registration and Badge Information

Name: _____

Company or Institution: _____

Position/Title: _____

Postal Address: _____

_____ Post code _____

Phone: _____ Mobile: _____

Fax: _____

Email: _____